# NEWS OF SUBURBS

#### CHESTNUT HILL AND HIGHLAND PARK

#### BARTON HEIGHTS.

obert Dinal and friend, Mr. Roberts e been visiting Mr. Robert Scott, have home in Coaldala.

### SEVEN PINES.

forming an overwhelming unity, Mrs. F. H. Franck and two children, of Richmond are visitors of Mrs. Annie Reid, who is a sister of Mrs. Franck.

Leslie Reid, who is now employed in Nortella, has been quite sick in that city. He is expected home on a visit.

Mrs. Molile Vincent visited Mrs. Lockwood at her home in East Richmond during the week.

week.

Mrs. J. E. Lyne, who has been quite sick, is now able to be out again.

Many handsome tree were blown down during the severe storm on Wednesday night. The corn crop, also, suffered in consequence.

#### EAST RICHMOND.

Hardins Shop, an object so familiar to all residents in this section, was completely wrecked during the gale on Wednesday night, and now lies with its root to the ground under which the building collapsed-fortunately the shop was unoccupied. It will necessitate another polling station as this had been used by voters for a number of years, on account of its location. Unfortunately this was not insured against cyclones and hall storms. Mr. James Hughes, of Illinois, its visiting Mr. and Mrs. Paul Fleck and daughter of Filliadelphia and Mr. and Mrs. Fry. of Bristol, Tenn., are guessie at the delightful home of Mrs. C. L. Milled George Miller will redepine. Mr. and week from a pleasant visit to their sister, Mrs. H. Fleck, of Philadelphia.

Bert Silver has gone on a vacation tour. delphia.

Bert Silver has gone on a vacation tour, and besides visiting his sister near Eikridge, Md., he will stop in Washington, Baltimore,

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Washington, D. C.

#### WESTHAMPTON.

#### CGI.D HABROR.

### HIGHLAND SPRINGS. -

in Albionus visit of Lynn, Mass., will be a guest of his sister, Mrs. S. A. Roope, at Lynnhurst during this week.

A delightful collision was lendered by Chris. Gebhardt, of "Bachelor"s Lodge" on Friday evening at Fulion Park.

School opened here the past week with more than fifty children on the roll, Miss Lillie Larson as teacher.

Mrs. G. T. Collins and two children and Mrs. George Storer have returned from a lengthy stay in the mountains of Virginia, visiting relatives.

Miss Neile Venol, of "Vinehaven," is convalescing rapidly from her recent illness.

#### NEW BRIDGE.

REBUILDING FOOD

Some Wonderful Things Food Can Do. What continued use of improper food will do by upsetting the nervous system seems almost beyond belief, and it's just as surprising to see how a simple change from poorly selected food to good, nourshing food will end all of these alls. A Chicago man says:

"My nervous system became so shattered that whenever I looked at a moving object my right eye turned out to the side, my speech was stuttering, the memory poor, and I was very absent-minded. My face was covered with pimples, and I was constantly ashamed of my appearance. Miss Fannice Chenault, who has been quite sick at her home with fover, is now improving. Dr. G. T. Collins, of Highland Springs, is in attendance.

Jacob Steigleder, of Robin Park, is very lil with intermittent fever at the home of My face was covered with pimpies, and a was constantly ashamed of my appearance.

"The doctors said my blood was in a bad, state, and I took medicine for this for a year, but only got worse. I was so completely disgusted with everything I was tired of living, although I had no cause to be, as far as friends and home were concerned.

"When medicine failed I tried eating only the plainest foods, but this got tift-some, and I did not seem to get enough nourishment, until in my experimenting I gave the food called Grape-Nuts a trial. This seemed so different from the rest; it seemed crisp and full of nourishment, and I ale it with cream for breakfast, as well as dessert after the other meals. Almost immediately my nerves began to get stronger and steadler and sounder, and I felt as though a great change was going on within me.

"The first effect I noticed was my right eye did not seem so loose in my head, I could look without seeing double, and then I noticed that I took more interest in life and was not such a chronic kicker; my memory improved, physical endurance was greater, and my sleep sounder and refreshing.

"In a year's time I had recovered energing the seed of the content of the con ill with intermittent fever at the home of his parents.

Mr. Johnson, who has been very sick at his home here, is now convalescent.

Miss Jennie Chappele was a guest during the week of Mrs. Iva Vatson.

Mrs. Kate Grimes, of Richmond, was a guest of Mrs. John Clarke during the week.

Mrs. Frod Smith was visited by her nephew and niece during the week.

Ira Eubank will begin work on his new home at an early date.

E. T. Oakley has returned from a most delightful trip, to the mountains much improved in health.

#### ELKO GLEANINGS.

Miss Nettle Savage, who has been visiting its, F. E. Richardson, has been called home on the bedside of her aunt in Alexandria. Miss Mamie Spencer has returned to New-ort News after a stay of several weeks with port News after a stay of several weeks her mother.

Miss Mildred Turner, of Newport News, has returned home after a pleasant visit to Essex and King and Queen counties, and Richmond, together with her sister of this place.

Mr. and Mrs. W. C. Baker, and Miss Sallie Eaker visited friends in Richmond during the first of the week.

Mrs. F. E. Richardson visited friends in first of the week Mrs. P. E. Richardson visited friends in Richmond during the past week. Stanley Woodlin is spending his vacation with his father, C. Woodlin his family to Mr. W. S. Goddin has moved his family to Newport News, where they will reside in the father. Richmond during the past week.

Stanley Wooddin is spending his vacation with his father, C. Wooddin.

Mr. W. S. Goddin has moved his family to Newport News, where they will reside in the future.

Mr. B. Furman speni Thursday with a construction of the past week.

Mrs. E. Furman speni Thursday with friends in Richmond.

OLD CHURCH.

Protracted meetings conducted by the Rev. Matthews, of Ohio, are in procress at Emmanus Episcopai, Church and will continuel until September 20th.

The pipelies at Mr. John Tomin's on Wednesday and the Standard Conference of t



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AND THE BALANCE OF THE WEEK. Imported Models and a Special Display of Productions from Our Own Work-rooms.

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NEUMON'S.

NEW BOOKS RECEIVED

AT THE STATE LIBRARY

Geologic Atlas of the United States, New castle Folio. Wyoming, South Dakota, and Cottonwood Falls Folio, Kansas.

REBUILDING FOOD

The Misses Binford will open their children's dancing class on September 27th, at 968 Floyd Avenue.

Master R. Taylor Coleman and sister, Mary Blanton Coleman, have returned to the!r home, No. 17 West Grace Street, after spending the summer in Amelia

No. 18 South Adams

Mrs. Charles T. Loohr and Mrs. Emmett Harris have left for a three-weeks' visit to New York, Philadelphia and Atlantic City.

visit to New York, Philadelphia and At-lantic City.

Miss Julia B. Clay, of Amelia, is the guest of Miss Coleman, No. 17 West Grace Street.

Mrs. Armistead Borland and children, of Norfolk, are the guests of Mrs. W. W. Myers, No. 1022 West Grace Street.

Miss El'zabeth Myers is visiting Miss Mary Myers in Bute Street, Norfolk.

The many friends of Mr. F. C. Hahr will be pleased to know that he has recovered sufficiently from his accident to be able to resume his music classes on October 6th, when he will return from his Southern trip.

Mrs. R. H. Grant, who has been qu'to lil at her country home, "Kalamazoo," has gone to Chase City for a short stay,

Miss Bernard O'Leary and Miss Rosall Gardner are spending the month of Sep-tember at "Greenock," the hospitable home of Mrs. L. B. Chilton, near War-renton, Va.

Miss Katherine Blount, of Alabama, is the guest of Miss Matte Rose. Miss Blount will leave this week to resume her studies at Hollins Institute.

Master Frank S. Richardson, son of Mr. Henry T. Richardson, left a few days ago for Bedford City, to attend the tine Randolph-Macon Academy.

Mr. G. Moffett King has just returned from a ten-day trip to St. Louis.

Mrs. L. F. Harmon, after a pleasant trip to Norfolk, has returned to the city.

Mrs. Helen T. Tritton and daughter, Miss Constance, have returned to their home in Barton Heights, after spending the summer in Powhatan county. Miss Barnette, of Franklin, Ps., is the guest of Miss Constance Tritton.

SACRED CONCERT. Iardella's Band to Play at Reservoir Park This Evening.

Iardella's band will render sacred music at Reservoir Park this evening from 6 to 7 o'clock, and from 8 to 130. This will be the programme.

1. March, "The Conqueror," Boehme.

2. Paraphrase, Melody in F. Rubenstein.

#### A MOCK MARRIAGE.

September Gaieties at the Crock

#### \$16.00-ROUND - TRIP--\$16.00 WORLD'S FAIR-ST. LOUIS.

WORLD'S FAIR—ST. LOUIS.

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Tickets at above rate will be sold every
Tuesday during the months of August,
September and October, limited to ten
days from date of sale. Tickets limited to lifteen days, \$21.50; sixty days,
\$25.00; season ticket, \$31.20. These tickets
will allow stopover at Summer Resorts
between Bedford and Bluefield within
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trains, with through Pullman sleepers,
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mutter of the World's Fair and further
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VIRGINIA DAY AT ST. LOUIS, FRIDAY, SEPTEMBER 23D, SPECIAL EXCURSION RATES VIA C. & O. ROUTE.
Friday, September 23d, has been selected as VIRGINIA DAY at the Great Ex-The Governor of Virginia, accompanied by staff and military of the State, will be present at the occasion and which should appeal to all Virginians.
Delightful time to see the greatest of fairs.

Special rates for season, sixty and fifteen day tickets. Low ten day conch excursion rate tickets on sale Monday, September 19th, and Tuesday, September

Use the C. & O. route-shortest, quick-est and best with through westibuled trains.
For Pullman reservations and further information, address,
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#### SUNDAY EXCURSIONS

Via Atlantic Coast Line to Petersburg. Round Trip 40c. Good going and returning on regular trains. Commencing Sunday, May 18th.

VIRGINIA DAY, ST. LOUIS EXPOSITION—COACH EXCURSION RATES
VIA SOUTHERN RAILWAY,
MONDAY, SEPTEMBER 19TH,
On account of Virginia Day, World's
Fair, St. Louis, Southern Railway will
sell coach excursion tickets, limited ten
days from date of sale, Monday, September 19th. Rate from Richmond and Virginia points \$17. For information, apply
to ticket agents.

C, W. WESTBURY, D. P. A.

## DESIGN OF HENRY THE GREAT

he had no ulterior or selfish motive in proposing it.

There were, of course, many parts to so great an undertaking. These have been mentioned because they have since been realized; moreover, the Judickal Department of the Grand Republic has been constituted and a courthouse for its sessions is being built at the cost of a million and a half, the fift of Mr. Carnegle, one of the world's most ardent, advocates of peace and home rule, and the time is now at hand for taking the next step in the development of the universal union by constituting a congress to supplement this court of the nations.

If Henry of France did not stagger at

ance as well as unite the nations, so that none need have any fear or envy of the others.

The low countries, then under the dominion of Spain, were to be freed and admitted as one member of the Union. This has been done. The kingdoms of Italy were to be unted and admitted as one member. This has been done.

Spain was to be reduced in Europe to the territory "between the Mediterranean, the ocean and the Pyrences," but to compensate her for the necessary losses of territory in Europe she was to be guaranteed "possession in Africa, Mexico and the American islands which being to it, countries which alone might suffice to found great kingdoms; finally the Philippines, etc."

This has been more than done. For Spain has been shore of all these oversea possessions, and has been reduced in Europe to the exact boundary described in the design.

The contemplated kingdoms have arisen in America, so constituted as to be the model for the Grand Republic when the hour for constituting it in perfect form shall have finally arrived.

Navarre and Rousillon would naturally have fallen to Henry in the redistribution of his motives would be one of the prime obstacles to the success of this plan for insuring the peace and prosperity of mankind. So he decided to exchange Navarre and Rousillon for Naples and Sicily and to present these to the Pope and the republic of Venice, and to renounce for France the right of acquiring by conquest or otherwise any territory beyond her own borders. He desired nothing for France but the glory of being an instrument in the redistribution of the world with equiry among the attention by the content of the Grand Republic of the control of the grand Republic of the prime obstacles to the success of this plan for insuring the peace and prosperity of mankind. So he decided to exchange Navarre and Rousillon for Naples and Sicily and to present these to the Pope and the republic of Venice, and to renounce for France, but the glory of being an instrument in the redistribution of the world with equiry and th

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